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In a few days we'll record our 89th episode since October, 2022 not counting the interviews.

That seems like a lot!

As we shift into the holiday period, it seems natural for us to reflect a bit on successes and mistakes from the past year and perhaps longer.

When Doug shared this topic of personal curricula, I knew we'd be looking inwardly and reflectively — curriculum is generally envisioned as a map — i.e. for a program of study — in K-12 or

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higher ed or in some other way. To consider the personal aspect - the individual journey is the difference between the map and the terrain.

For instance, we've all experienced the sunset - but every sunset and every one's perception of it is a unique phenomenon - the uniqueness and individuality being, almost paradoxically, a universal aspect of these physical and/or mental formations. Not to go too heavily existential!

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so-called "mistakes", imperfections, failures - these are all aspects of growth. Suffering is a necessary part of experience - these all mark our progress as human beings, even as our lives, on an historical plane, draw closer to a close with each passing day - as naturally, universally, and individually as the sun must rise in the east and set in the west - and so the connection, somewhat, between our topic and the coming

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winter solstice - the shortest day of the year - and the associated holidays and rituals going back to pagan times and likely before!

We'll never be in this same spot in time, place, or history again - the same as it's ever been!

④ I suppose these notes are a shade haphazard from all the philosophy books I've been reading lately - as such, we appreciate anyone who's on this journey with us

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Whatever!

From Heraclitus ~ circa 500s

BCE ~

"All things change to fire
and fire exhausted
falls back into things,
the crops are sold
for money spent on food"

[from "Fragments" / Penguin Classics]

② I think this has a lot to
say to our topic, our framing
of it, thematically, and the
time of year were presently
in ②